

## New Patient Information on Skin Testing for Allergies

New patients come to see us with a variety of allergy symptoms. While the final decision as far as testing for allergies will be made after consultation with our physicians, if you anticipate that you may be skin tested you must avoid using antihistamines for at least 5 days before your appointment. This may avoid a subsequent visit to our office.

The following is a list of some of the antihistamines that can be obtained over the counter (OTC) or by prescription than need to be avoided before skin testing. Some medicines that are sold over the counter as cold or cough remedies may also contain antihistamines.

Antihistamines may come in pill or liquid forms (•) or as nasal sprays (\*) or as eye drops (ε).

**NOTE: Nasal steroids** such as fluticasone, Nasonex, Nasocort or Rhinocort **are OK to use** as is Singulair (montelukast).

If there are any specific questions please call us at 210-614-7594.

### First generation antihistamines:

Diphenhydramine • Aler-Dryl [OTC]; • Allergy Relief Childrens [OTC]; • Allergy Relief [OTC]; • Altaryl [OTC]; • Anti-Hist Allergy [OTC]; • Anti-Hist [OTC] • Banophen [OTC]; • Benadryl Allergy Childrens [OTC]; • Benadryl Allergy [OTC]; • Benadryl Dye-Free Allergy [OTC]; • Benadryl [OTC]; • Complete Allergy Medication [OTC]; • Complete Allergy Relief [OTC]; • Dicopanол FusePaq; • Diphen [OTC]; • Diphenhist [OTC]; • Dytuss • Genahist [OTC]; • Geri-Dryl [OTC]; • GoodSense Allergy Relief [OTC]; • Naramin [OTC]; • Nighttime Sleep Aid [OTC]; • Nytol Maximum Strength [OTC]; • Nytol [OTC]; • Ormir [OTC]; • PediaCare Childrens Allergy [OTC]; • Pharbedryl; • Pharbedryl [OTC]; • Q-Dryl [OTC]; • QlearQuil Nighttime Allergy [OTC]; • Quenalin [OTC]; • Scot-Tussin Allergy Relief [OTC]; • Siladryl Allergy [OTC]; • Silphen Cough [OTC]; • Simply Allergy [OTC]; • Simply Sleep [OTC]; • Sleep Tabs [OTC]; • Sominex Maximum Strength [OTC]; • Sominex [OTC]; • Tetra-Formula Nighttime Sleep [OTC]; • Total Allergy Medicine [OTC]; • Total Allergy [OTC]; • Triaminic Cough/Runny Nose [OTC]; • ZzzQuil [OTC]

Hydroxyzine •Atarax; •Vistaril

Chlorpheniramine • Aller-Chlor [OTC]; • Allergy 4 Hour [OTC] • Allergy Relief [OTC]; • Allergy [OTC]; • Allergy-Time [OTC]; • Chlor-Trimeton Allergy [OTC]; • Chlor-Trimeton [OTC]; • Chlorphen [OTC]; • Ed Chlorped Jr [OTC]; • Ed ChlorPed [DSC]; • Ed ChlorPed [OTC]; • Ed-Chlor-Tan • Ed-Chlortan [OTC];• Pharbechlor [OTC]

Brompheniramine • J-Tan PD [OTC]; • Respa-BR

## **Second generation antihistamines:**

Cetirizine • All Day Allergy Childrens [OTC]; • All Day Allergy [OTC]; • Cetirizine HCl Allergy Child [OTC]; • Cetirizine HCl Childrens Alrgy [OTC]; • Cetirizine HCl Childrens [OTC]; • Cetirizine HCl Hives Relief [OTC]; • ZyrTEC Allergy Childrens [OTC]; • ZyrTEC Allergy [OTC]; • ZyrTEC Childrens Allergy [OTC]; • ZyrTEC Childrens Hives Relief [OTC]; • ZyrTEC Hives Relief [OTC]

Levocetirizine • Xyzal

Fexofenadine • Allegra Allergy Childrens [OTC]; • Allegra Allergy [OTC]; • Allergy 24-HR [OTC]; • Fexofenadine HCl Childrens [OTC]; • Mucinex Allergy [OTC]

Loratadine • Alavert [OTC]; • Allergy Relief For Kids [OTC]; • Allergy Relief [OTC]; • Allergy [OTC]; • Childrens Loratadine [OTC]; • Claritin Reditabs [OTC]; • Claritin [OTC]; • Loradamed [OTC]; • Loratadine Childrens [OTC]; • Loratadine Hives Relief [OTC]; • QlearQuil 24 Hour Relief [OTC]; • Triaminic Allerchews [OTC]

Desloratadine • Clarinex; • Clarinex Reditabs

Azelastine \* Astelin (nasal spray); \* Astepro (nasal spray); ε Optivar (eye drop); \* Dymista (combination nasal spray)

Olapatadine \* Patanase (nasal spray); ε Pataday (eye drop); ε Patanol(eye drop); ε Pazeo (eye drop)